L'Shanah Lovant

Recommended Zoom settings:

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100% (Original Size)

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Computer only:

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Mah Tovu: how good they are, these tents of Jacob; how beautiful, the homes where Israel dwells.

And blessed are all who have a home, when so many yearn for shelter and care;

And blessed are we who share this house which shelters us, where we belong;

This house of Torah, this house of love, of sacred assembly and communal strength.

In small and humble rooms, in splendid sanctuaries, today our people greet the turning of the year.

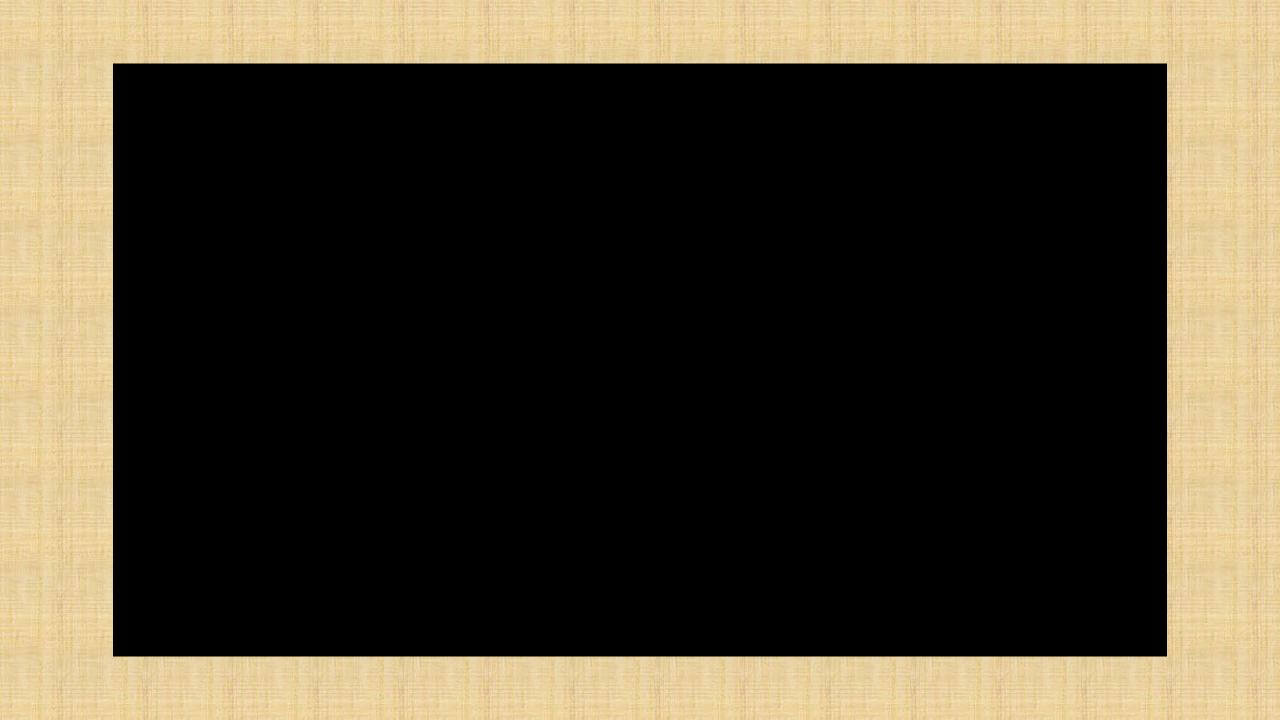
We stand with all of them this morning, grateful we are alive to meet this day, first dawning of the year.

Give praise to this morning; give thanks for our gathering; give ear to the ancient call that brings us home.

Our hearts rise up in hope; our spirits reach for new beginnings; our voices, too, lift up a melody that celebrates today:



How good they are, these tents of Jacob; how beautiful, the homes where Israel dwells.



YITGADAL v'yitkadash sh'meih raba

b'alma di vra chiruteih, v'yamlich malchuteih b'chayeichon uv'yomeichon uv'chayei d'chol beit Yisrael, baagala uvizman kariv, v'imru: Amen.

Y'hei sh'meih raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei, v'yit'hadar v'yitaleh v'yit'halal sh'meih d'kudsha b'rich hu, l'eila min kol birchata v'shirata, tushb'chata v'nechemata, daamiran b'alma, v'imru: Amen.

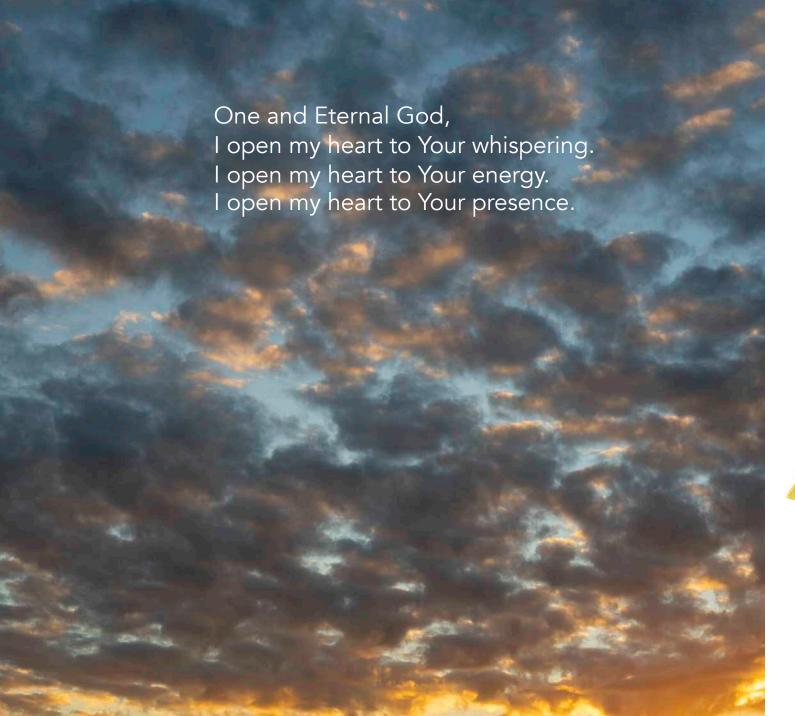


רְנְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא בְּעָלְמָא דִּי בְרָא כִּרְעוּתֵהּ וְיַמְלִידְ מַלְכוּתֵהּ בְּחַצִּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַצִּי דְכָל בֵּית יִשְׂרָאֵל, בַּעֲגָלָא וּבִזְמַן קָרִיב, וְאִמְרוּ: אָמֵן.

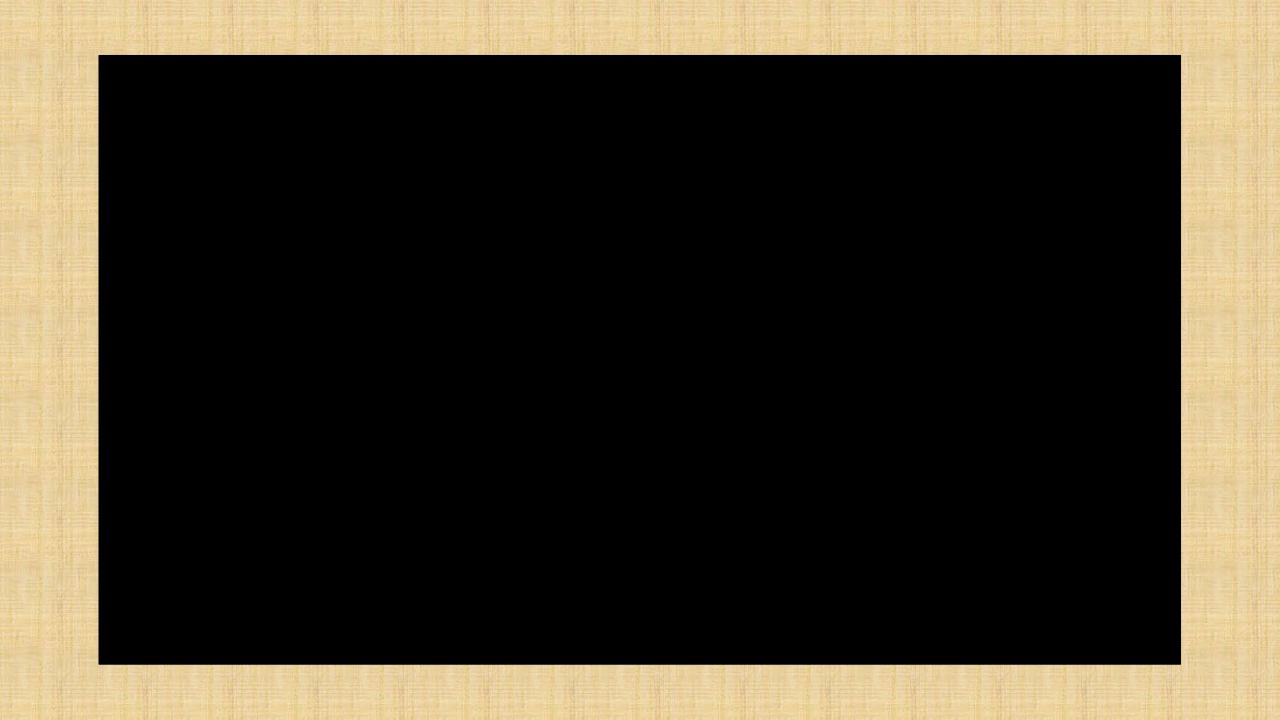
> יְהֵא שְׁמֵהּ רַבָּא מְבָרַדְּ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא.

יִתְבָּרַךְּ וְיִשְׁתַּבַּח וְיִתְפָּאַר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא, וְיִתְהַדֵּר וְיִתְעַלֶּה וְיִתְהַלֵּל שְׁמֵהּ דְּקָדְשָׁא בְּרִידְ הוּא, לְעֵלָּא מִן כָּל בִּרְכָתָא וְשִׁירָתָא, תַּשְׁבְּחָתָא וְנֶחֱמָתָא, דַּאֲמִירָן בְּעָלְמָא, וְאִמְרוּ אָמֵן. דַּאֲמִירָן בְּעָלְמָא, וְאִמְרוּ אָמֵן.









Israel,
your covenant with God
is made of choices:
holiness or profanity,
life or its destruction;
you can never keep from choosing.

If you set yourself to love God with everything you have, to obey God with your entire heart, God's gifts will be yours; a vital earth, its seas and continents moving slowly in their own way; the rain and sun and clouds forming and changing, each in their own way.

If God's unity is always before you, all these will nourish and delight even longer than your days.

The hills, the rain forests, the ice floes and the deserts, the infinity of life that nests and grows here on earth with us—will welcome you as neighbor.

What you produce will multiply in goodness, and you will not lack for what you need.

But if you forget God and choose instead to fashion gods of your own; if they spring up everywhere for you in your endless thirst for something undiscovered, you may lose everything you have: your family and your sustenance, your reason for being and your place of burial. This blue-green earth, so beautiful, so solitary, is as fragile as you are and as precious.

Beware lest in giving way to excess you risk too much.
Remember this and take it to heart.
Teach it to those who come after you.
Place it in their hands,
plant it in their minds.
Meditate on these things
at home and on the road,
awake or asleep,
in the beginning and at the end.
Try to find them
in every place we call our home.



Mi kamochah nedar bakodesh, nora t'hilot, oseih fele!

Malchut'cha ra-u vanecha,
bokei-a yam lifnei Moshe uMiryam.
Zeh Eli, anu v'amru,
Adonai yimloch l'olam va-ed!

V'ne-emar: ki fadah Adonai et Yaakov, ug'alo miyad chazak mimenu. Baruch atah, Adonai, gaal Yisrael. בְּלֵי־כָּמְּכָּה נָאְדָּר בַּקְּדֶשׁ, מִי כָּמְכָה נָאְדָּר בַּקְּדֶשׁ, נוֹרָא תְהִלֹת, עְשֵׁה פֶּלֶאיִּ

מַלְכוּתְדָּ רָאוּ בָנֶידָּ, בּוֹקֵעַ יָם לִפְנֵי מֹשֶׁה וּמִרְיָם. זֶה אֵלִי, עָנוּ וְאָמְרוּ, יָיָ יִמְלֹדְ לְעֹלָם וָעֶד! יְיָ יִמְלֹדְ לְעֹלָם וָעֶד!

ְוָנֶאֱמַר: כִּי פָדָה יְיָ אֶת־יַעֲקֹב, וּגְאָלוֹ מִיַּד חָזָק מִמֶּנוּ. בָּרוּךְ אַתָּה, יְיָ, גְּאַל יִשְׂרָאֵל. בְּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ
וַאלֹהֵי אֲבּוֹתִינוּ וְאִמּוֹתֵינוּ, אֱלֹהֵי
אַבְּרָהָם, אֱלֹהֵי יִצְחָק וַאלֹהֵי יַצְקֹב,
אֱלֹהֵי שְׂרָה, אֱלֹהֵי רִבְּקָה, אֱלֹהֵי
הָגָּלֹהִי שָׂרָה, הֵאל הַנְּדוֹל
הַגְּבּוֹר וְהַנּוֹרָא, אֵל עֶלְיוֹן, גּוֹמֵל
חַסְדִים טוֹבִים וְקוֹנֵה הַכּּלֹ, וְזוֹכֵר
חַסְדֵי אָבּוֹת וְאִמָּהוֹת, וּמֵבִיא נְּאֻלָּה חַסְדֵי אָבּוֹת וְאִמָּהוֹת, וּמֵבִיא נְּאֻלָּה לִבְנִי בְנֵיהֶם לְמַעַן שְׁמוֹ בְּאַהֲבָה.
מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמְגַן.
בָּרוּךְ אַתָּה, יְיָ,
מָגן אַבְרָהָם וְעָזְרַת שָׂרָה.

BARUCH atah, Adonai Eloheinu v'Elohei avoteinu v'imoteinu, Elohei Avraham, Elohei Yitzchak v'Elohei Yaakov, Elohei Sarah, Elohei Rivkah, Elohei Rachel v'Elohei Leah. Ha-El hagadol hagibor v'hanora, El elyon, gomeil chasadim tovim, v'koneih hakol, v'zocheir chasdei avot v'imahot, umeivi g'ulah livnei v'neihem l'maan sh'mo b'ahavah. Melech ozeir umoshia umagen. Baruch atah, Adonai, magein Avraham v'ezrat Sarah.

BLESSED ARE YOU, Adonai our God, God of our fathers and mothers, God of Abraham, God of Isaac, and God of Jacob, God of Sarah, God of Rebecca, God of Rachel, and God of Leah, the great, mighty and awesome God, transcendent God who bestows loving kindness, creates everything out of love, remembers the love of our fathers and mothers, and brings redemption to their children's children for the sake of the Divine Name.

*SHABBAT SHUVAH — Remember us for life, O Sovereign who delights in life, and inscribe us in the Book of Life, for Your sake, Living God.

Sovereign, Deliverer, Helper and Shield, Blessed are You, Adonai, Sarah's Helper, Abraham's Shield.

בָּרוּדְ אַתָּה, יִיָּ, מָגֵן אַבְרָהָם וְעֶזְרֵת שָׂרָה. Baruch atah, Adonai, magein Avraham v'ezrat Sarah.





בְּרֹאשׁ הַשְּׁנָה יִכְּתֵבוּן וּבִיוֹם צוֹם כִּפּוּר יֵחָתֵמוּן

Be-Rosh HaShanah yee-kah-tei-voon; uv-Yom Tzom Kippur yea-cha-tei-moon And who by fire, who by water
Who in the sunshine, who in the nighttime
Who by high ordeal, who by common trial
Who in your merry merry month of May
Who by very slow decay
And who shall I say is calling?

Leonard Cohen

On Rosh Hashanah this is written; on the Fast of Yom Kippur this is sealed:

וּתְשׁוּבָה וּתְפִּלָּה וּצְדָקָה מַעֲבִירִין אֶת רֹעַ הגּזֵרָה

Ut-shu-vah ut-filah-ut-tzdakah ma-ah'virin et ro-ah hag-zei-rah

How many will pass away from this world, how many will be born into it; who will live and who will die; who will reach the ripeness of age, who will be taken before their time; who by fire and who by water; who by war and who by beast; who by famine and who by drought; who by earthquake and who by plague; who by strangling and who by stoning; who will rest and who will wander; who will be tranquil and who will be troubled; who will be calm and who tormented; who will live in poverty and who in prosperity; who will be humbled and who exalted—

But repentance, prayer, and charity may soften the harshness of the decree.

קָדוֹשׁ קָדוֹשׁ קָדוֹשׁ יִיָ צְבָאוֹת מְלֹא כָל הָאָרֶץ כְּבוֹדוֹ

Kadosh, Kadosh Adonai tz'va-ot M'lo chol ha-aretz k'vodo

Holy, Holy is the God of heaven's hosts. The fullness of the whole earth is God's glory



Now we will count to twelve and we will all keep still. For once on the face of the earth, let's not speak in any language; let's stop for one second, and not move our arms so much. It would be an exotic moment without rush, without engines; we would all be together in a sudden strangeness. Fishermen in the cold sea would not harm whales and the man gathering salt would look at his hurt hands. Those who prepare green wars, wars with gas, wars with fire, victories with no survivors, would put on clean clothes and walk about with their brothers in the shade, doing nothing.

What I want should not be confused with total inactivity. Life is what it is about; I want no truck with death. If we were not so single-mined about keeping our lives moving, and for once could do nothing, perhaps a huge silence might interrupt this sadness of never understanding ourselves and of threatening ourselves with death. Perhaps the earth can teach us as when everything seems dead and later proves to be alive. Now I'll count up to twelve and you keep quiet and I will go.

by Pablo Neruda



ALEINU l'shabei-ach laadon hakol, lateit g'dulah l'yotzeir b'reishit, shelo asanu k'goyei haaratzot, v'lo samanu k'mishp'chot haadamah. Shelo sam chelkeinu kahem, v'goraleinu k'chol hamonam.

Vaanachnu kor'im

umishtachavim umodim.

Vaanachnu kor'im umishtachavim umodim, lifnei Melech malchei ham'lachim HaKadosh Baruch Hu. לֵבְינוּ לְשַׁבֵּחַ לַאֲדוֹן הַכּּל,
לְתֵת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית,
שֶׁלֹא עָשָׁנוּ כְּגוֹיֵי הָאֲרָצוֹת,
וְלֹא שָׁמְנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה.
שְׁלֹא שָׁם חֶלְמֵנוּ כָּהֶם,
וְגֹרֶלֵנוּ כְּכָל־הָמוֹנָם.
וֹמְשְׁתַּחֲוִים וּמוֹדִים,
לִפְנֵי מֶלֶךְ מַלְכֵי הַמְּלָכִים
הַקְּדוֹשׁ בָּרוּךְ הוּא.

It is up to us to praise
the Creator of all things,
who made us caretakers of the earth
and messengers of Torah.
We therefore bend our knees
and bow our heads,
to praise and sanctify
the Holy One of Blessing.



שים שָׁלום טובָה וּבְרַכָה. חֵן וָחֶסֶד וְרַחֲמִים עָלֵינוּ וְעֵל כָּל יִשׁרָאֵל עַמֶּךּ. בְּרְכֵנוּ אָבִינוּ כֵּלְנוּ כְּאֶחְד בְּאור פָּנֶיךּ. כִּי בְאור פָּנֶיךּ נָתַתָּ לָנוּ ה׳ אֱלהֵינוּ תּורַת חַיִּים וְאַהְבַת חֶסֶד. וּצְדָקָה וּבְרָכָה וְרַחֲמִים וְחַיִּים וְשָׁלום. וְטוב בְּעֵינֶיךּ לְבָרֵךְ אֶת כָּל עַמְךּ יִשׁרָאֵל בְּכָל עֵת וּבְכָל שָׁעָה בִּשְׁלוּמֶךּ: בָּרוּךְ אַתָּה ה׳, הַמְבָרֵךְ אֶת עַמּו יִשׁרָאֵל בַּשָּׁלום:

God, You scattered the divine sparks so that we may find them in each other, but sometimes, we forget to look.

We are Your glistening fragments, Your shards, Your stars. We stand here before you, ready to gather the sparks, ready to illuminate the world like One holy campfire.

We may be scattered, shattered but we will glow together, grow together, we will see each other's shine

and maybe then, dear God, we will finally be ready for peace.

Barukh Atah Adonai, mevarech et kol ha'olam b'shalom

Blessed are You, God, who blesses the world with peace



Avinu Malkeinu, sh'ma koleinu: Hear our voice

Chatanu l'fanecha: We have strayed and sinned before You

Chamol aleinu v'al olaleinu v'tapeinu: Have compassion on us and our families

Kaleih dever v'cherev v'raav mei·aleinu: Halt the onslaught of sickness, violence, and hunger

Kaleih kol tzar umastin mei aleinu: N Halt the reign of those who cause pain and terror

Kotveint b'sefer chayim tovim: Inscribe out names in the Book of Life

tage shaleinu shanan tovah:

teriew us for a year of goodness

Raise the banner of Your people, Israel

Avinu Malkeinu, choneinu vaaneinu; ki ein banu maasim.

Aseih imanu tz'dakah vachesed, v'hoshi·einu: Answer us with grace, for our deeds are wanting. Save us through acts of justice and love. ֿאָבִינוּ מַלְבֵּנוּ שְׁמֵע קוֹלֵנוּ.

ָאָבִינוּ מַלְכֵּנוּ חָטָאנוּ לְפָנֶיךְ.

ָאָבִינוּ מַלְכֵּנוּ חֲמֹל עָלֵינוּ וְעַל עוֹלָלֵנוּ וְטַפֵּנוּ.

אָבִינוּ מַלְכֵּנוּ כַּלֵה דֶּבֶר וְחֶרֶב וְרָעָב מֵעֲלֵינוּ.

אָבִינוּ מַלְבָנוּ כַּלָּה כָּל צַר וּמשָטִין מַעָלֵינוּוּ.

ָאָבִינוּ מַלְפֵנוּ כַּחָבֵנוּ בְּסֵפֶר חַיִּים שוֹבִים.

אָבִינוּ מַלְכֵּנוּ חַדֵּשׁ עְלֵינוּ שָׁנָה טּוֹבָּה

אָבִינוּ מַלְכַּנוּ הָרֵם קָרֶן יִשְׂרָאֵל עַפְּףּ

אָבִינוּ מַלְכֵּנוּ חָנֵנוּ וַאֲנֵנוּ כִּי אֵין בָּנוּ מַעֲשִׁים. עֲשֵׂה עִפְנוּ צְדָקָה וָחֶסֶד וְהוֹשִׁיעֵנוּ. בּרוּךְ אַתָּה יְיָ אֶלֹהָינוּ מֶלֶךְ הָעוֹלָם, הַגּוֹמֵל לְחַיָּבִים טוֹבוֹת, שֶׁגְּמְלֵינוּ כָּל טוֹב.

Baruch atah Adonai, Eloheinu melech ha-olam, ha-gomel l'chay-yah-vim tovot, sh'g'mal-ani kol tov.

Holy One of blessing whose presence fills creation, through Your great generosity have I experienced Your goodness.

ויאמר אכיו אברהם ויאמר הנבי ויאמר קדי בא אדת צשיר אמר אכין וישכם אברתם בבקר ויחבש את כו האכהים ביום השכישי וישא אברהם את עינין וירצ את המקום מרוזק ויצמר אברהם אל נעריו שיבו לכם פה עם החמור ואני והנער נככה עד כה ונשתדוות ובשובה אכיכם ויקוז אברתם ארב עבי העלה וישים על יצדות בנו ויקון בידו את ראש יאת המאככת ויכנו שיניתם יחדו ואמר יצחקאל אברתם אביו ויאמר אבי ויאמר הבני בניויאנור הנה האש והעצים ואיה השיה כעכה ויאמר אבר ה ידורו ויכאו אל המוכום אשר אמר כו האלדהים ויכן

1And it happened after these things that God tested Abraham. And He said to him, "Abraham!" and he said, "Here I am." 2And He said, "Take, pray, your son, your only one, whom you love, Isaac, and go forth to the land of Moriah and offer him up as a burnt offering on one of the mountains which I shall say to you." 3And Abraham rose early in the morning and saddled his donkey and took his two lads with him, and Isaac his son, and he split wood for the offering, and rose and went to the place that God had said to him. 4On the third day Abraham raised his eyes and saw the place from afar. 5And Abraham said to his lads, "Sit you here with the donkey and let me and the lad walk ahead and let us worship and return to you." 6And Abraham took the wood for the offering and put it on Isaac his son and he took in his hand the fire and the cleaver, and the two of them went together. 7And Isaac said to Abraham his father, "Father!" and he said, "Here I am, my son." And he said, "Here is the fire and the wood but where is the sheep for the offering?" 8And Abraham said, "God will see to the sheep for the offering, my son." And the two of them went together.

Zichronot: The Voice of Remembrance

בְּרוּךְ אַתָּה יְהֹנָה אֱלֹהֵינוּ מֶלֶךְ הְעוֹלָם אֲשֶׁר קִדְּשְׁנוּ בְּמִצְוֹתִיו וְצִוְּנוּ לִשְׁמְעַ קוֹל שׁוֹפַר.

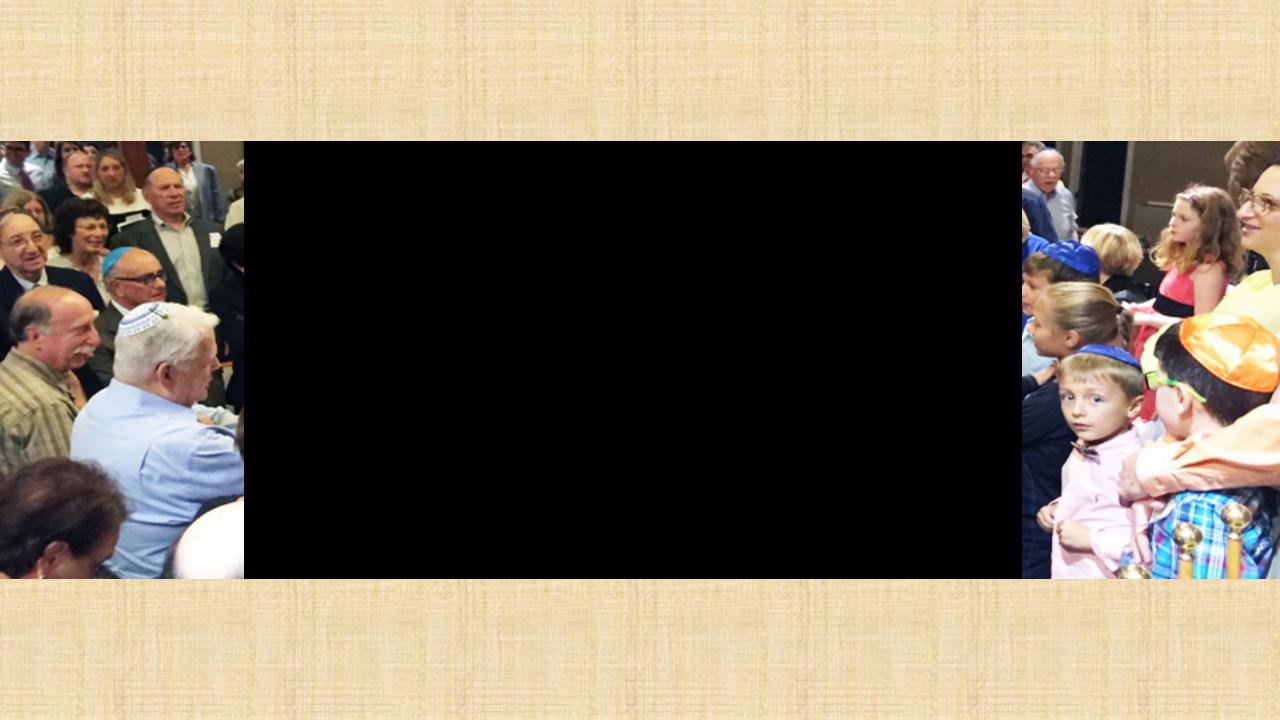
Baruch ata Adonai, Eloheinu melech ha-olam, asher kidshanu b'mitzvotav v'tzi-vanu lishmoa kol shofar

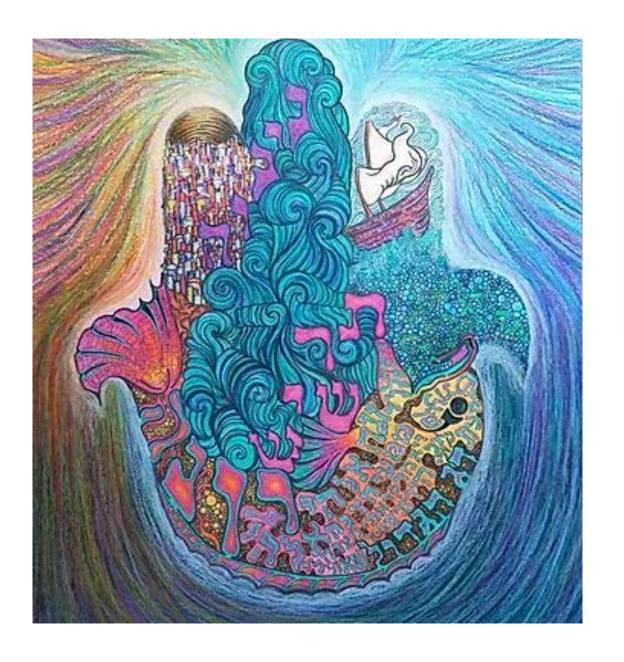
Blessed are You, our Eternal One, who sanctifies us with mitzvot, commanding us to hear the voice of the shofar.

תקיעה. שברים תרועה. תקיעה. תקיעה. שברים. תקיעה. .תקיעה. תרועה. תקיעה. תקיעה גדולה:

The prophet said: Cry aloud; Lift up your voice like a Shofar!"

This is the meaning of the verse:
See yourself as a shofar,
an instrument of the divine.
Do not take pride in your own virtue
or the power of your deeds.
With every mitzvah you fulfill—
every act of intellect, goodness, and love—
God's spirit breathes through you.





ALEINU l'shabei-ach laadon hakol,

lateit g'dulah l'yotzeir b'reishit, shelo asanu k'goyei haaratzot, v'lo samanu k'mishp'chot haadamah. Shelo sam chelkeinu kahem, v'goraleinu k'chol hamonam.

Vaanachnu kor'im umishtachavim umodim, lifnei Melech malchei ham'lachim HaKadosh Baruch Hu. לְּכֵּלִנוֹ לְשַׁבֵּחַ לַאֲדוֹן הַכּּל,
לְתֵת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית,
שְׁלֹא שָׁמְנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה.
שְׁלֹא שָׁמְנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה.
וְגֹרָלֵנוּ כְּכָל־הָמוֹנָם.
וַאֲנַחְנוּ כּּוֹרְעִים
וֹמִשְׁתַחְנוּ כּוֹרְעִים
וֹמִשְׁתַחְנוּ בּוֹרְעִים
וֹמִשְׁתַחְנוּ בּוֹרְעִים
לְבְנֵי מֶלֶךְ מֵלְכֵי הַמְּלָכִים
הַקְּדוֹשׁ בָּרוּךְ הוּא.

It is up to us to praise the Creator of all things, who made us caretakers of the earth and messengers of Torah. We therefore bend our knees and bow our heads, to praise and sanctify the Holy One of Blessing. I am waiting for the Great Divide to be crossed and I am anxiously waiting for the secret of eternal life to be discovered by an obscure general practitioner and I am waiting for the storms of life to be over and I am waiting to set sail for happiness... and I am waiting for the lost music to sound again in the Lost Continent

Lawrence Ferlinghetti

in a new rebirth of wonder

Our thoughts turn to loved ones whom death has taken from us in recent days, and those who died at this season in years past. Our hearts open, as well, to the wider circles of loss in our community and wherever grief touches the human family.

בַּשָׁנָה הַבָּאָה

Next year we will sit on the porch and count all the migrating birds
Children on vacation will play catch between the house and the fields
Od tire, od tire, kama tov yihye, bashana, bashana haba'a
You will see, you will see how good it will be next year