L'Shanah Lovant

Recommended Zoom settings:

- *Click "View Options" at top right of screen
- *Select "Side-by Side" mode
- *Adjust vertical bar to change relative size of windows

100% (Original Size)

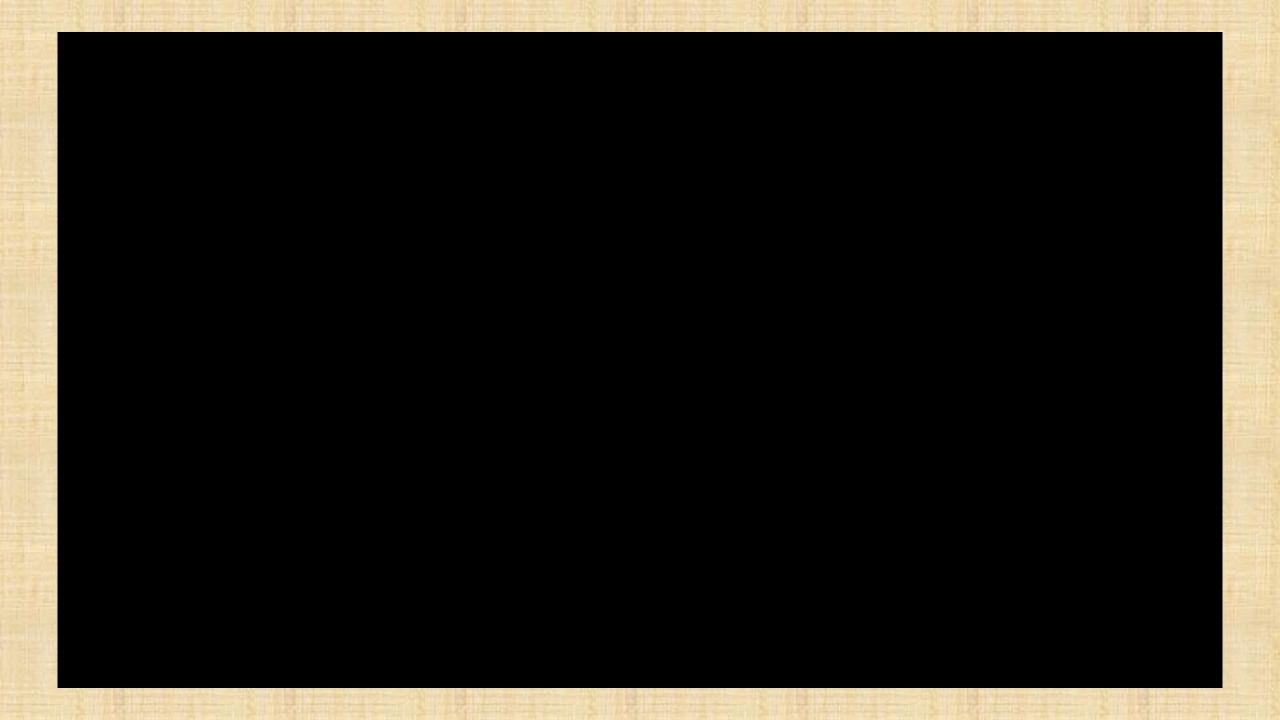
*Choose "speaker view" or "gallery view" according to your preference

Computer only:

3855

On all platforms:

if you experience audio or video "freezing" or "stuttering," try shutting down your video . You will still see others, but they will not see you. After a few minutes, try restarting your video.



ברוּךְ אַתָּה יְהֹנָה אֶלֹהָינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְותִיו וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל יוֹם טוֹב:

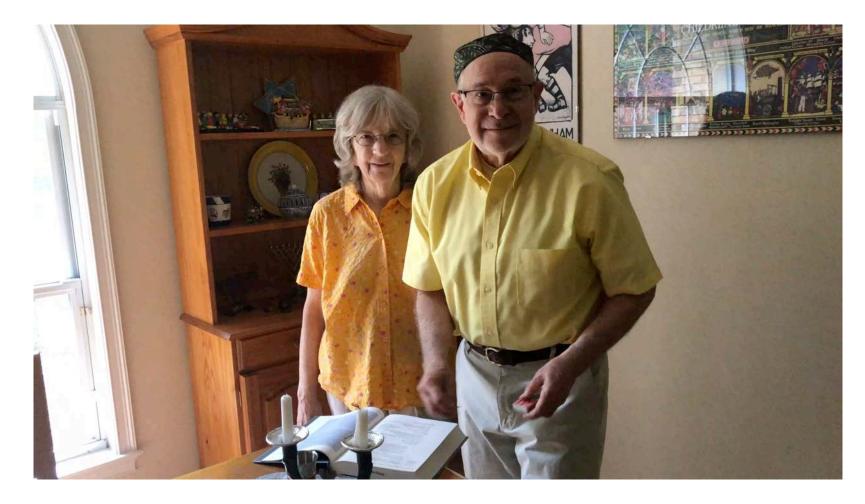
Baruch atah Adonai, Eloheinu melech ha-olam, asher kid'shanu b'mitzvot-ahv v'tzi-vanu l'hadlik ner shel Yom Ha-Kippurim

בְּרוּךְ אַתָּה יְהֹוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם : שֶׁהֶחֶיָנוּ וְקִיְּמָנוּ וְהִגִּיעָנוּ לַוְמַן הַדֶּה: Baruch atah Adonai, Eloheinu melech ha-olam,

Baruch atah Adonai, Eloheinu melech ha-olam, she-hech'yanu, v'ki-y'manu, v'hig-yanu laz-man ha-zeh.

Source of blessing, Eternal our God, You fill the universe with majestic might, teaching us holiness through sacred obligations, giving us the mitzvah of bringing light on Yom Tov.

Source of blessing, Eternal our God, You fill the universe with majestic might, Giving us life, upholding the life within us, and bringing us to this time.





I am grateful for this, a moment of truth, grateful to stand before You in judgement.

You know me as a liar and I am flooded with relief to have my darkest self exposed at last.

Every day, I break my vows to cherish this moment, to be a responsible citizen of the world.

No one sees, no one knows, how often I become distracted, lose myself, and then lose hope every day, every day.

On this day, this one day, I stand before you without disguise, without embellishment, shivering, ridiculous.

I implore You let me try again.



מעריב ליל יום כפור

ומהחיל הש"ק כל נדרי ברתת בתרדה ובכוונה :

כל נדרי איים מנגעסטעווט דם דער (חון בסק כן הקהו אבטו) איים מווע (כדרים) חוכר (קונאות) י דיח דער אענט דחט קואאנדע יחהר טוהן אעצט י יחוצע (גדרים) דים קיין (אלוה) דער בייח חיים י א העופט דער (ביטוֹ בתנח) ווען ער נים (בטעת) דם (נדר) טוהן טן דיוען (בטוֹ) גדענקם חונד חיום וחובשם חובשם שלום (כדי) דער אענם נים (נכסו) אחול ווערען חו

יי וחרמי וקונמי וכנויי וקנומי ושבועורת: דנדרנאי וראשרתכענאי וראַהַרימִנָא י וּרָאָפַרנָא על נַפְשַׁתָנָא י מִיוֹם בְּפוּרִים זֶהעַד יוֹם כְּפוּרִים הַבָּא עַלִינוּ לְטוֹבָה יָּבֶרְהוֹן אִידְרַטְנָא כָהוֹן · כִּרְהוֹן יָהוֹן שָׁרֵן · שְׁבִיקִין · שְׁבִיתִין · בְּטֵלִין וֹמְבִּטְלִין · לָא שְׁרִירִין וַלָא קַיָּמִין • גַּדְרָנָא לָא נִדְרֵי • ושְׁבוּעָהָנָא לַא שבועות: ג"פ

ונפלח כל בדרי ואפרי זברים שאופר אדם על עלמו: וחרמי. האומר יהא אפור עלי ככר זה כחדם : וקונמי י לשון הקדש שאמר דבר זה קונם בהקדש: כנח י מפירש בנדרים אלו הן כיכויי נדרים קונת קונם : וקנוסי . שחדם קוכם לעצמו שה שחיכו חייב: אסרשנה : לשון חרשה : שרור שותרון : שכיקין 'לשון סליקה ומסילהן שביתין . לשון השבתה : שרירין בי סוקים :

Kol Nidrei

Kol nidrei — ve·esarei, vacharamei, v'konamei, v'chinuyei, v'kinusei, ushvuot dindarna ud·ishtabana, ud·acharimna, v'daasarna al nafshatana, miyom kipurim zeh ad yom kipurim haba, aleinu l'tovah: kulhon icharatna v'hon; kulhon y'hon sharan, sh'vikin, sh'vitin, b'teilin, umvutalin la sh'ririn v'la kayamin. Nidrana la nidrei: ve·esarana la esarei; ushvuatana — la sh'vuot.



בל בדרו אוצע נדרום: איסורים י חרמים - קונמים - וועוצעו הייםט דו אחו עטווח: (אקרים) חיש : חדער ווחו אתן דורך חיינען בייח-כחשען חוני חנטטחט (קונק) " (קונה) חויף ניך (חטוה) אחבט י חדער (קנסות)' חונד (טבועות) דיח איר דורך חיין (נדר)' (טבועה), (חרס). חדער זוכום פערבינדניך חויד חוכו נעמן וחולטן פון דיוען (יום כשור) חן בים

All grudges, resentments, and vows of vengeance and bitterness, all undying hatreds or annoyances that we may hold onto, or talk endlessly about, boring our friends, or lose sleep obsessing over or write bad poetry about or bring up at family dinners to the consternation of all present; from the previous Day of Atonement until this Day of Atonement for the benefit of our mental health and the peace of mind of all who surround us; regarding all of this that we have refused to let go, despite the fact that they are long past, or pointless, or one-sided, or ridiculous, or destructive of the innocent, or hurting ourselves more than anyone else;

Regarding all of them, these intrusions on the Holy Wholeness, we repudiate them.

All of them, we let them go, give up, wave away, acknowledge as stupid, declare null and void, because we are done.

Our grudges are no longer our grudges, our silent resentments are no longer silent, our eternal vows of vengence are no more.

The entire community acknowledges and takes action so that everyone we have been angry at is forgiven, every hurt we did not speak about will be dealt with, every relative will be loved for who they are rather than who they are not, every change in the world that needs to be made will be made rather than contemplated.

Holy Wholeness!
We need help to step back into connection with the One.
We look for the compassion and mercy
that is always there
if we but pay attention.

Yes, there it is. We are forgiven.

Blessed be the Oneness, Creator, Created, Creating. Amen.

YITGADAL v'yitkadash sh'meih raba

b'alma di vra chiruteih, v'yamlich malchuteih b'chayeichon uv'yomeichon uv'chayei d'chol beit Yisrael, baagala uvizman kariv, v'imru: Amen.

Y'hei sh'meih raba m'varach l'alam ul'almei almaya.

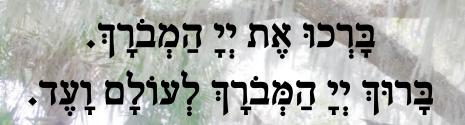
Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei, v'yit'hadar v'yitaleh v'yit'halal sh'meih d'kudsha b'rich hu, l'eila min kol birchata v'shirata, tushb'chata v'nechemata, daamiran b'alma, v'imru: Amen.



רְנְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא בְּעָלְמָא דִּי בְרָא כִּרְעוּתֵהּ וְיַמְלִידְ מַלְכוּתֵהּ בְּחַצִּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַצִּי דְכָל בֵּית יִשְׂרָאֵל, בַּעֲגָלָא וּבִזְמַן קָרִיב, וְאִמְרוּ: אָמֵן.

> יְהֵא שְׁמֵהּ רַבָּא מְבָרַדְּ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא.

יִתְבָּרַךְּ וְיִשְׁתַּבַּח וְיִתְפָּאַר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא, וְיִתְהַדֵּר וְיִתְעַלֶּה וְיִתְהַלֵּל שְׁמֵהּ דְּקָדְשָׁא בְּרִידְ הוּא, לְעֵלָּא מִן כָּל בִּרְכָתָא וְשִׁירָתָא, תַּשְׁבְּחָתָא וְנֶחֱמָתָא, דַּאֲמִירָן בְּעָלְמָא, וְאִמְרוּ אָמֵן. דַּאֲמִירָן בְּעָלְמָא, וְאִמְרוּ אָמֵן.



Bar'chu et Adonai hamvo-rach.

Baruch Adonai hamvo-rach l'olam va-ed.

Blessed is our Eternal God, to whom our prayers are sent, to whom our thoughts are lifted, from whom our blessings flow



אַהַבַת עוֹלָם בֵּית יִשְׁרָאֵל

עַמְּךּ אָרְבְתְּ

Ahavat olam beit Yisrael am-cha ahav-ta

With a great love...

With a great love You have loved Your people Israel, teaching us Torah and commandments, laws and statutes. Therefore, Eternal God, when we lie down and when we rise up, we will think of Your laws. We will rejoice in the words of Torah and in Your commandments forever, for they are our life and the length of our days, and we will meditate upon them day and night. Never take away Your love from us!

אַהְבַת עוֹלָם בֵּית יִשְׁרָאֵל עַמְּךְ אָהְבְתָּ, תּוֹרָה וּמִצְוֹת, חֻקִּים וּמִשְׁפָּטִים אוֹתָנוּ לִמְּדְתָּ. עַלְבַת עוֹלָם בֵּית יִשְׁרָאֵל עַמְּךְ אָהְבְתָּ, תּוֹרָה וּמִצְוֹת, חֻקִּים וּמִשְׁפָּטִים אוֹתָנוּ לִמְּדְנִיְּ עַלֹּ כֵּן יְיָ אֱלֹהֶינוּ, בְּשָׁכְבָנוּ וּבְקוּמֶנוּ נָשִׂיחַ בְּחֻקֶּיך, וְנִשְׁמַח בְּדְבְּרֵי תוֹרָתָךְ וּבְמִצְוֹתִיךְ לְעוֹלָם וָעָד. כִּי הֵם חַיָּינוּ וְאְּרֶךְ יָמֶינוּ, וּבְהֶם נֶהְגָּה יוֹמֶם וָלְיְלָה, וְאַהֲבָתְךְּ אַל תִּסִיר מְמֹנוּ לְעוֹלְמִים. בַּרוּךְ אַתַּה יִיָּ, אוֹהֵב עַמּוֹ יִשְׂרָאֵל.

Blessed are You, God, who loves Your people Israel.







V'Ahavta et Adonai Elohecha b'chol l'vavcha uv'chol nafsh'cha uv'chol m'odecha. V'hayu had'varim ha-eileh asher anochi m'tzav'cha ha-yom al l'vavecha. V'shi-nan-tam l'vanecha v'dibarta bam b'shiv-t'cha b'veitecha uv'lech-tcha va-derech uv'shoch-b'cha uv'ku-mecha. Uk-shar-tam l'ot al yad-echa v'hayu l'totafot bein einecha. Uch-tav-tam al m'zuzot beitecha u-vish-a-recha. L'ma-an tiz-k're va-asitem et kol mitz-vo-tai vih'yi-tem k'do-shim l'Eloheichem. Ani Adonai Eloheichem asher ho-tzei-ti et-chem mi-eretz Mitzrayim lih-yot la-chem l'Elohim. Ani Adonai Eloheichem.

Help us love what is holy with all our courage, with all our passion, with all our strength.

ּוְאָהַרְתָּ אֵת יִי אֱלֹהָיךּ בִּכָל לִבָבִדְ, וּבִכָל נַפִּשִׁדְ וּבְכָל מְאֹדֶךְ. וְהָיוּ הַדְּבָרִים הָאֵלֶה אֲשֶׁר אָנֹכִי מְצַוְּךְ הַיּוֹם, עַל לְבָבֶךְ. וְשִׁנַנְתָּם לְבָנֵיךּ, וְדִבַּרְתִּ בָּם בִּשִׁבִתִּךְ בִּבֵיתָךְ, וּבְלֵכִתִּךְ בַדְּרֵךְ וּרְשַׁרְהָם לְאוֹת עַל יַדֶד, וְהַיוּ לִטֹטָפֹת בֵּין עִינֵידְ. וּכְתַבְתָּם עַל מִזָזוֹת בֵּיתֶךְ וּבְשִׁעֲרֵיךְ. לְמַצַן תִּזְכָּרוּ וַצֵשִׂיתֵם אֵת כַּל מִצִוֹתֵי וָהִייתֵם קַדֹשִׁים לֵאלֹהֵיכֵם. אַנִי יִיָ אֵלהַיכֶם, אֲשֶׁר הוֹצָאתִי אָתְכֶם מֵאֶרֶץ מִצְרַיִם, לְהִיוֹת לָכֵם לֵאלֹהִים אַנִי יִיַ אֵלֹהֵיכֶם.

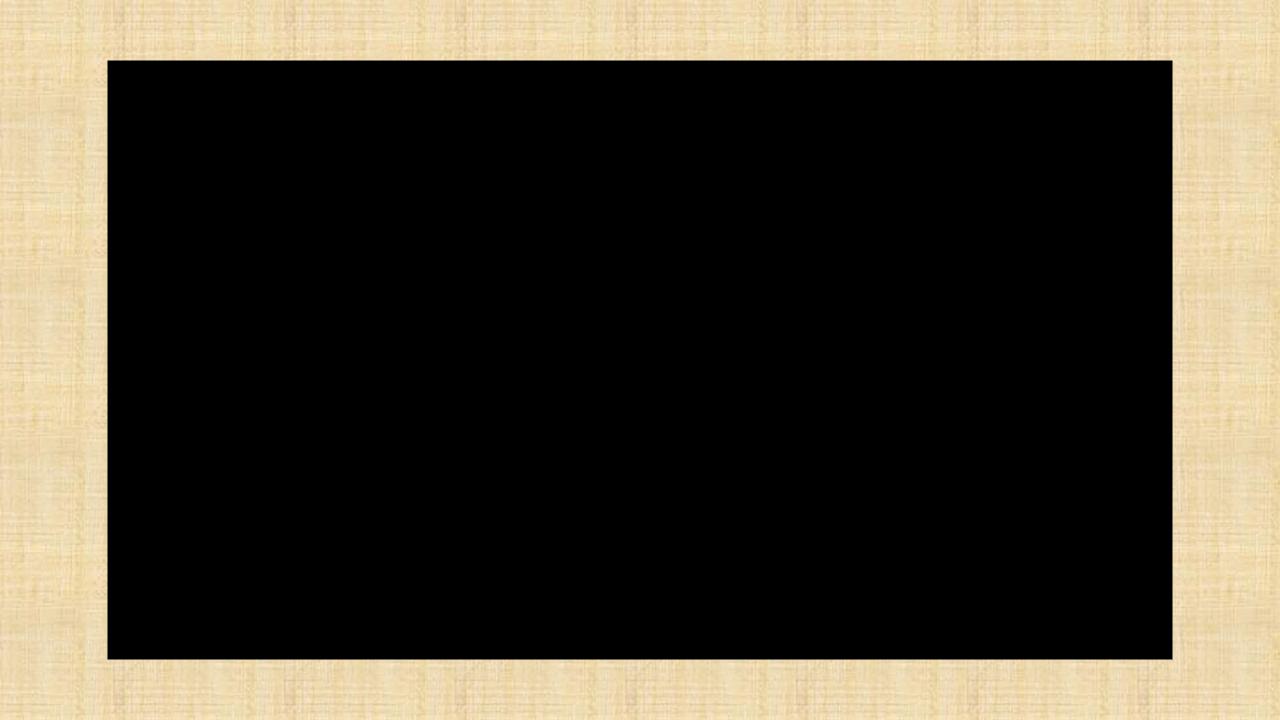
If our children are to value these words we cherish, we must speak about them in our homes, when we are working, when we are at play, when we lie down, and when we rise up.

Let the work of our hands reveal these words; let our eyes shine with their knowledge.

May they glow from our doors and windows.

We must love ourselves, for we are creatures of God. We must love our neighbors as ourselves. We must love the stranger, for we were once strangers in the land of Egypt.

Let love fill our hearts with its clear precious water.



MI CHAMOCHAH ba-eilim, Adonai!

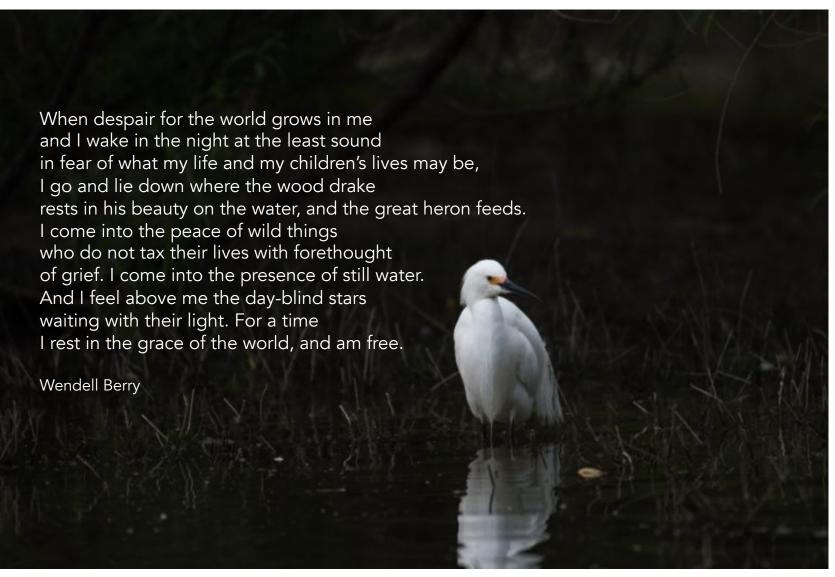
Mi kamochah nedar bakodesh, nora t'hilot, oseih fele!

Malchut'cha ra-u vanecha, bokei-a yam lifnei Moshe uMiryam. Zeh Eli, anu v'amru, Adonai yimloch l'olam va-ed!

V'ne-emar: ki fadah Adonai et Yaakov, ug'alo miyad chazak mimenu. Baruch atah, Adonai, gaal Yisrael. **כְלִי־כָּמְׂכָּה** בָּאֵלִם, יְיָיִ מִי כָּמְכָה נֶאְדָּר בַּקְּדֶשׁ, נוֹרָא תְהִלֹּת, עְשֵׁה פֶּלֶאיִ

מַלְכוּתְדְּ רָאוּ בָנֶידְּ, בּוֹקֵעַ יָם לִפְנֵי מֹשֶׁה וּמִרְיָם. זֶה אֵלִי, עָנוּ וְאָמְרוּ, יָיָ יִמְלֹדְ לְעֹלָם וָעֶדִיּ

ְנֶאֶמֵר: כִּי פָדָה יְיָ אֶת־יַעֲקֹב, וּגְאָלוֹ מִיַּד חָזָק מִמֶּנוּ. בָּרוּךְ אַתָּה, יְיָ, גְּאַל יִשְׂרָאֵל.



וּפְרוֹשׁ עָלֵינוּ סִכַת שׁלוֹמֶךּ

וְתַקְּנֵנוּ בְּעֵצְה טוֹבָה מִיּלְפָּנֶידְ וְהוֹשִׁיעֵנוּ

Spread over us Your Sukkah of peace; Guide us with Your wisdom; And make us whole



בְּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ
וַאלֹהֵי אֲבּוֹתִינוּ וְאִמּוֹתֵינוּ, אֱלֹהֵי
אַבְּרָהָם, אֱלֹהֵי יִצְחָק וַאלֹהֵי יַצְקֹב,
אֱלֹהֵי שְׂרָה, אֱלֹהֵי רִבְּקָה, אֱלֹהֵי
הָגָּלֹהִי שָׂרָה, הֵאל הַנְּדוֹל
הַגְּבּוֹר וְהַנּוֹרָא, אֵל עֶלְיוֹן, גּוֹמֵל
תַסְדִים טוֹבִים וְקוֹנֵה הַכּּלֹ, וְזוֹכֵר
תַסְדִי אָבּוֹת וְאִמָּהוֹת, וּמֵבִיא נְּאֻלָּה
תַסְדֵי אָבּוֹת וְאִמָּהוֹת, וּמֵבִיא נְּאֻלָּה
לַבְנֵי בְנֵיהֶם לְמַעַן שְׁמוֹ בְּאַהֲבָה.
מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמָגַן.
בָּרוּךְ אַתָּה, יְיָ,
מָגַן אַבְרָהָם וְעָזְרַת שָׂרָה.

BARUCH atah, Adonai Eloheinu v'Elohei avoteinu v'imoteinu, Elohei Avraham, Elohei Yitzchak v'Elohei Yaakov, Elohei Sarah, Elohei Rivkah, Elohei Rachel v'Elohei Leah. Ha-El hagadol hagibor v'hanora, El elyon, gomeil chasadim tovim, v'koneih hakol, v'zocheir chasdei avot v'imahot, umeivi g'ulah livnei v'neihem l'maan sh'mo b'ahavah. Melech ozeir umoshia umagen. Baruch atah, Adonai, magein Avraham v'ezrat Sarah.

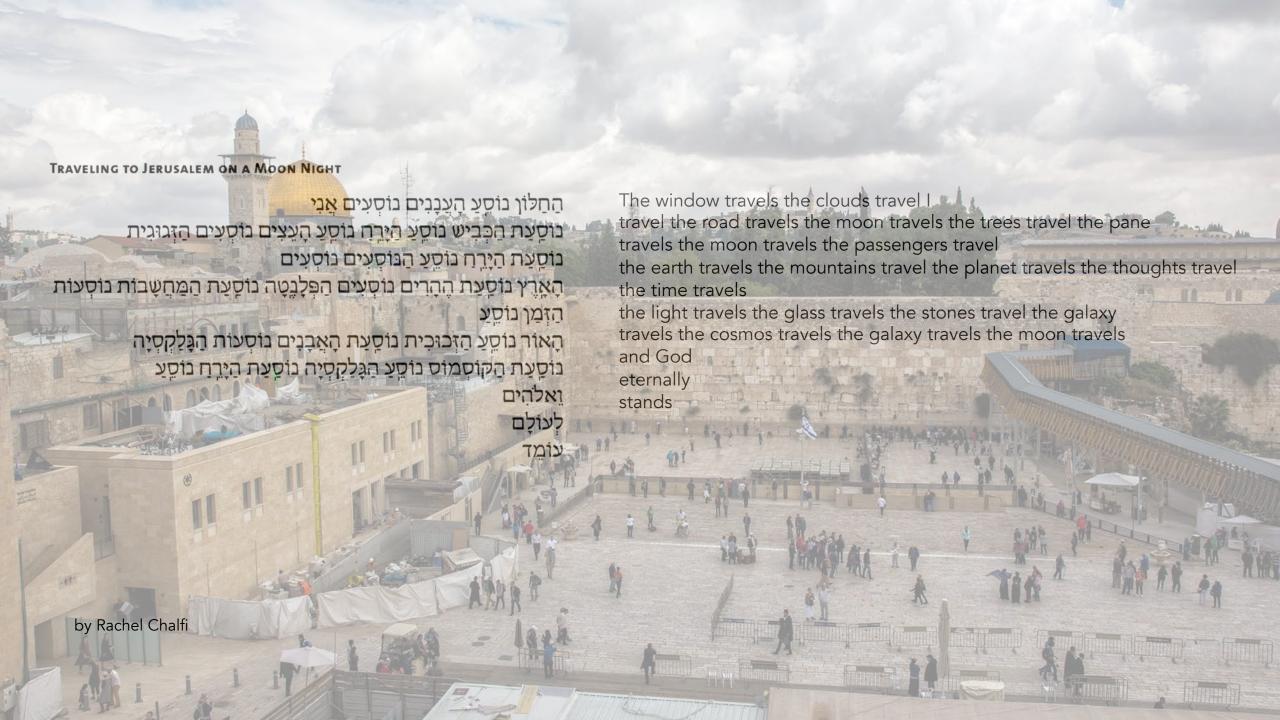
BLESSED ARE YOU, Adonai our God, God of our fathers and mothers, God of Abraham, God of Isaac, and God of Jacob, God of Sarah, God of Rebecca, God of Rachel, and God of Leah, the great, mighty and awesome God, transcendent God who bestows loving kindness, creates everything out of love, remembers the love of our fathers and mothers, and brings redemption to their children's children for the sake of the Divine Name.

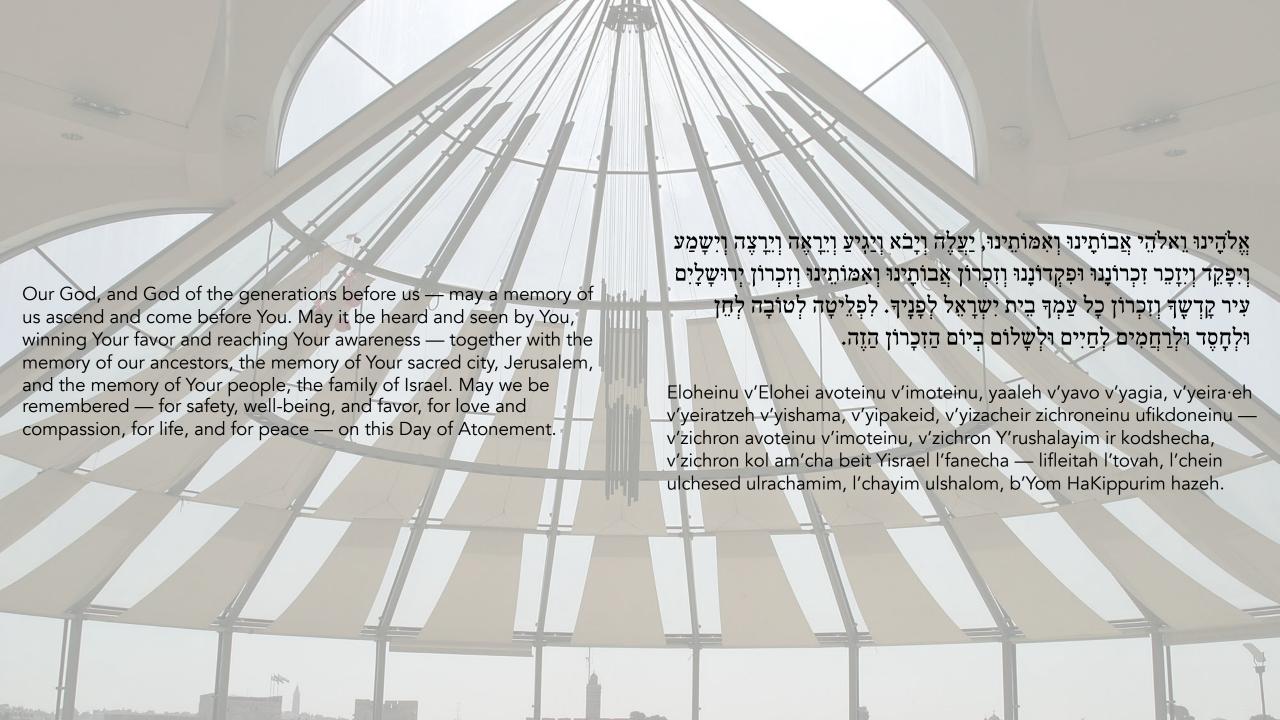
*SHABBAT SHUVAH — Remember us for life, O Sovereign who delights in life, and inscribe us in the Book of Life, for Your sake, Living God.

Sovereign, Deliverer, Helper and Shield, Blessed are You, Adonai, Sarah's Helper, Abraham's Shield.

בָּרוּדְ אַתָּה, יִיָּ, מָגֵן אַבְרָהָם וְעֶזְרֵת שָׂרָה. Baruch atah, Adonai, magein Avraham v'ezrat Sarah.











MODIM anachnu lach, shaatah hu
Adonai Eloheinu v'Elohei avoteinu v'imoteinu
l'olam va-ed. Tzur chayeinu, magen yisheinu,
atah hu l'dor vador.

בּלוֹדִים אֲנַחְנוּ לָךְּ, שָׁאַתָּה הוּא יְיָ אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ יְיָ אֱלֹהַינוּ וֵאלֹהֵי אֲבוֹתֵינוּ לְעוֹלָם וָעֶד. צוּר חַיֵּיִנוּ, מָגֵן יִשְׁעֵנוּ, אַתָּה הוּא לְדוֹר וָדוֹר.

WE ACKNOWLEDGE with thanks that You are Adonai, our God and the God of our ancestors forever. You are the Rock of our lives, and the Shield of our salvation in every generation. Let us thank You and praise You — for our lives which are in Your hand, for our souls which are in Your care, for Your miracles that we experience every day and for Your wondrous deeds and favors at every time of day: evening, morning and noon. O Good One, whose mercies never end, O Compassionate One, whose kindness never fails, we forever put our hope in You.





And then . . . all that has divided us will merge.

And then compassion will be wedded to power.

And then softness will come to a world that is harsh and unkind.

And then both men and women will be gentle.

And then both men and women will be strong.

And then no person will be subject to another's will.

And then all will be rich and free and varied.

And then the greed of some will give way to the needs of many.

And then all will share equally in the earth's abundance.

And then all will nourish the young.

And then all will cherish life's creatures.

And then all will live in harmony

with each other and the earth.

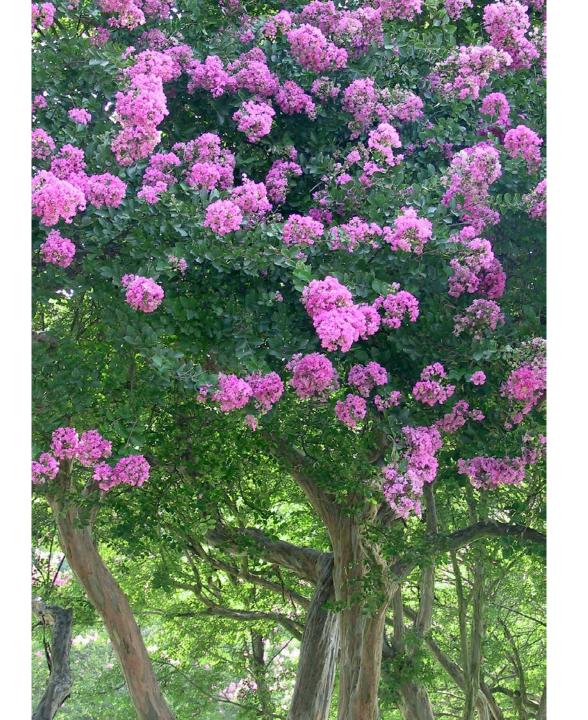
And then everywhere

will be called *Eden* once again.

שים שָׁלום טובָה וּבְרָכָה. חֵן וָחֶסֶד וְרַחֲמִים עָלֵינוּ וְעַל כָּל יִשׁרָאֵל עַמֶּךּ. בָּרְכֵנוּ אָבִינוּ כֻּלָּנוּ כְּאָחָד בְּאור פָּנֶיךּ. כִּי בְאור פָּנֶיךּ נָתַתָּ לָנוּ ה׳ אֱלהִינוּ תּורַת חַיִּים וְאַהֲבַת חֶסֶד. וּצְדָקָה וּבְרָכָה וְרַחֲמִים וְחַיִּים וְשָׁלום. וְטוב בְּעֵינֶיךּ לְבָרֵךְ אֶת כָּל עַמְךּ יִשׁרָאֵל בְּכָל עֵת וּבְכָל שָׁעָה בִּשְׁלוּמֶךּ: בָּרוּךְ אַתָּה ה׳, הַמְבָרֵךְ אֶת עַמּו יִשׁרָאֵל בַּשָּׁלום:

Sim shalom, tovah uv-racha, chen v'chesed v-rachamim aleinu v'al kol Yisrael

My God, guard my speech from evil, and my lips from deception.
Before those who slander me, I will hold my tongue;
I will practice humility.
Open my heart in Your Torah, that in Your mitzvot I may find myself.



אָלהַי, נְצוֹר לְשׁוֹנִי מֵרָע, וּשְׂפָתֵי מִדַּבֵּר מִרְמָה, וְלִמְקַלְלֵי נַפְשִׁי תִדֹּם, וְנַפְשִׁי כָּעָפָר לַכֹּל תִּהְיֶה. פְּתַח לִבִּי בְּתוֹרָתֶךְ, וּבְמִצְוֹתֵיךְ תִּרְדּוֹף נַפְשִׁי.

Elohai, n'tzor l'shoni meira, us-fatai me-daber mirmah, v'limkal'lai nafshi tidom, V'nafshi ke-afar lakol tih'yeh. P'tach libi b'Torah-techa, u-v'mitzvotai tirdof nafshi



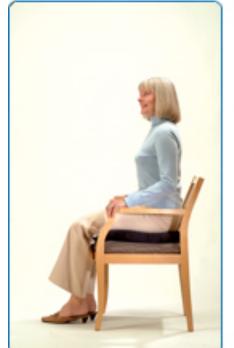
Every day I want to speak with you. And every day something more important calls for my attention—the drugstore, the beauty products, the luggage I need to buy for the trip.

Even now I can hardly sit here among the falling piles of paper and clothing, the garbage trucks outside already screeching and banging.

The mystics say you are as close as my own breath. Why do I flee from you? My days and nights pour through me like complaints and become a story I forgot to tell.

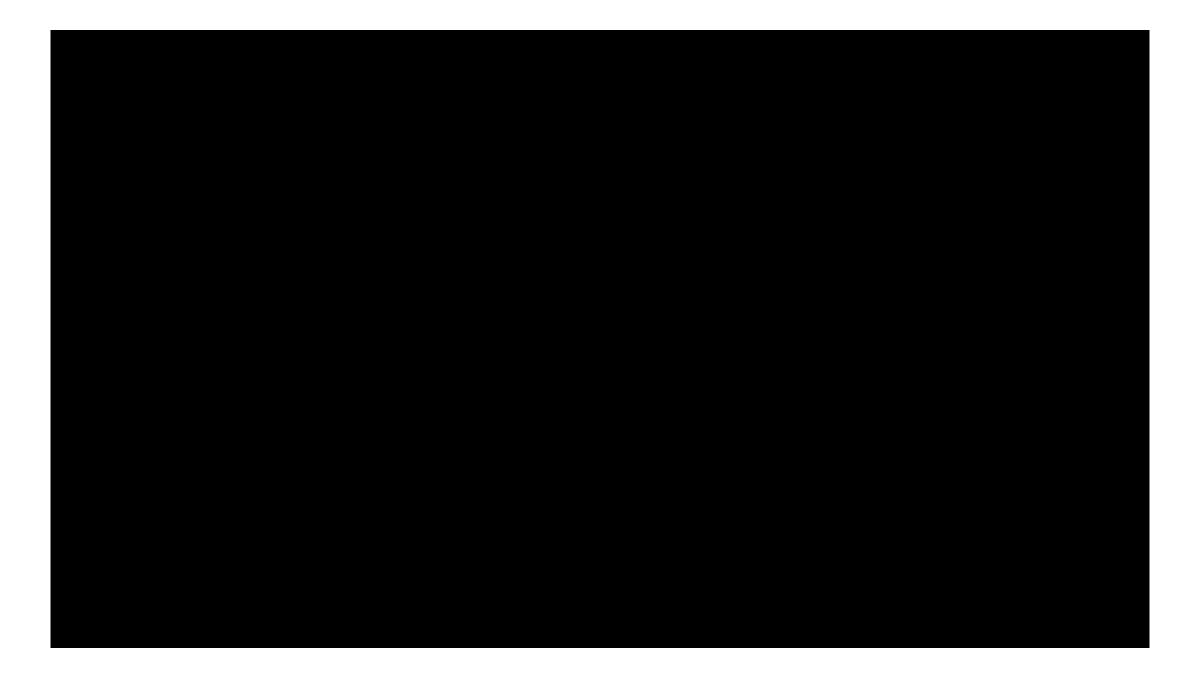
Help me. Even as I write these words, I am planning to rise from the chair as soon as I finish this sentence.

by Marie Howe









Our God and God of all generations, may our prayers reach Your presence. And when we turn to You, do not be indifferent. Adonai, we are arrogant and stubborn, claiming to be blameless and free of sin. In truth, we have stumbled and strayed. We have done wrong.

אָשָׁמְנוּ. בָּגִרְנוּ. גִּזַלְנוּ. דִּבָּרְנוּ דִּפִּי. הֶצֶּוְינוּ. וְהִרְשָׁ<mark>עְנוּ. זְדְנוּ. חְמִסְנוּ. טָפָלְנוּ שֶׁקֶר. יְעָצְנוּ</mark> רַע. כִּזַּבְנוּ. לָצְנוּ. מָרָדְנוּ. נִאָצְנוּ. סָרָרנוּ. עָוְינוּ. פָּ<mark>שְׁעְנוּ</mark>. צָרְרנוּ. קֹשִׁינוּ עְׂרֶף. רְשַׁעְנוּ. שָׁחַתִנוּ. מַעַבִנוּ. מַּעִינוּ. מִּעִּמַעִנוּ:

Of these wrongs we are guilty: We betray. We steal. We scorn. We act perversely. We are cruel. We scheme. We are violent. We slander. We devise evil. We lie. We ridicule. We disobey. We abuse. We defy. We corrupt. We commit crimes. We are hostile. We are stubborn. We are immoral. We kill. We spoil. We go astray. We lead others astray.



When I was young and learned the alphabet, life was open to me. "A" was full of aspiration; "B" was for beauty; "C" for confidence; and "D" for dreams. No fewer than twenty-six opportunities, twenty-six possibilities. And yet I fear that with the passage of time, I've squandered them, creating instead "A"s of apathy, "B"s of brusqueness, and "C"s of coarseness. Help me, then, to return to that innocence. Let the letters be letters once again, and let them rise to the heavens to form the words that You know I wish to say.

וְעַל כֵּלְם אֶלְוֹהַ סְלִיחוֹת. סְלַח לְנוּ. מְחַל לְנוּ. כַפֶּר לְנוּ:

V'al kulam, Elohah s'lichot, s'lach lanu, m'chal lanu, kaper-lanu.

For all these failures of judgment and will, God of forgiveness forgive us, pardon us, lead us to atonement.

For the ways we have wronged You deliberately and by mistake; and harm we have caused in Your world through the words of our mouths.

For the ways we have wronged You by hardening our hearts; and harm we have caused in Your world through careless speech.

For the ways we have wronged You through lies and deceit; and harm we have caused in Your world through gossip and rumor.

For the ways we have wronged You by judging others unfairly; and harm we have caused in Your world through disrespect to parents and teachers.

For the ways we have wronged You through insincere apologies; and harm we have caused in Your world by mistreating a friend or neighbor.

For the ways we have wronged You through violence and abuse; and harm we have caused in Your world through dishonesty in business.

For the ways we have wronged You openly and secretly; and harm we have caused in Your world by losing self-control.

For the ways we have wronged You through sexual immorality; and harm we have caused in Your world through consumption of food and drink.

For the ways we have wronged You by giving in to our hostile impulses; and harm we have caused in Your world through greed and exploitation.

For the ways we have wronged You through cynicism and scorn; and harm we have caused in Your world through arrogant behavior.

For the ways we have wronged You by hating without cause; and harm we have caused in Your world through offensive speech.

For the ways we have wronged You with a slanderous tongue; and harm we have caused in Your world through a selfish or petty spirit.

POSSIBLE ANSWERS TO PRAYER

Your petitions—though they continue to bear just the one signature—have been duly recorded. Your anxieties—despite their constant, relatively narrow scope and inadvertent entertainment value—nonetheless serve to bring your person vividly to mind. Your repentance—all but obscured beneath a burgeoning, yellow fog of frankly more conspicuous resentment—is sufficient. Your intermittent concern for the sick, the suffering, the needy poor is sometimes recognizable to me, if not to them. Your angers, your zeal, your lipsmackingly righteous indignation toward the many whose habits and sympathies offend you— these must burn away before you'll apprehend how near I am, with what fervor I adore precisely these, the several who rouse your passions.

by Scott Cairns

וְעַל כֵּלְם אֶלְוֹהַ סְלִיחוֹת. סְלַח לְנוּ. מְחַל לְנוּ. כַפֶּר לְנוּ:

V'al kulam, Elohah s'lichot, s'lach lanu, m'chal lanu, kaper-lanu.



For all these failures of judgment and will, God of forgiveness forgive us, pardon us, lead us to atonement.

music by Paul Richards

Hear our call, Adonai our God. Show us compassion. Accept our prayer with love and goodwill. Take us back, Adonai; let us come back to You; renew our days as in the past. Hear our words, Adonai; understand our unspoken thoughts. May the speech of our mouth and our heart's quiet prayer be acceptable to You, Adonai, our Rock and our Redeemer. Do not cast us away from Your presence, or cut us off from Your holy spirit. Do not cast us away when we are old; as our strength diminishes, do not forsake us. Do not forsake us, Adonai; be not far from us, our God. With hope, Adonai, we await You; surely, You, Adonai our God — You will answer.



שְׁמַע קוֹלֶנוּ יְהֹנָה אֱלֹהֵינוּ חוּס וְרַחֵם עַלֵינוּ יְקַבֵּל בְּרַחֲמִים וּכְרָצוֹן אֶת הְּפִּלְּתֵנוּ: הֲשִׁיבֵנוּ יְהֹנָה אֵלֶיךּ וְנָשְׁוּכָה חַדָּשׁ יַמֵינוּ כִּקֵדָם.

Sh'ma koleinu, Adonai Eloheinu. Chus v'racheim aleinu. V'kabeil b'rachamim uvratzon et t'filateinu. Hashiveinu, Adonai, eilecha, v'nashuvah; chadeish yameinu k'kedem. פִּי אָנוּ עַמֶּדְ, וְאַתָּה מַלְכֵּנוּ; אָנוּ בְנֵיךְ וְאַתְּה אָבִינוּ. אָנוּ נַחֲלָתָדְ, וְאַתָּה גוֹרַלֵנוּ; אָנוּ צֹאנֶדְ, וְאַתָּה רוֹצֵנוּ. אָנוּ כַרְמָדְ, וְאַתָּה נוֹטְרֵנוּ; אָנוּ רַעְיָתָדְ, וְאַתָּה דוֹדֵנוּ.

We are Your people,
You are our King.
We are Your children,
You are our father.
We are Your possession,
You are our portion.
We are Your flock,
You are our shepherd.
We are Your vineyard,
You are our keeper.
We are Your beloved,
You are our friend.





Avinu Malkeinu, sh'ma koleinu: Hear our voice

Chatanu l'fanecha: We have strayed and sinned before You

Chamol aleinu v'al olaleinu v'tapeinu: Have compassion on us and our families

Kaleih dever v'cherev v'raav mei·aleinu: Halt the onslaught of sickness, violence, and hunger

Kaleih kol tzar umastin mei aleinu: N Halt the reign of those who cause pain and terror

Kotveint biseler chayim tovim: Lascribe out names in the Book of Life

ista de shaleinu shanan toyah:

tenew us for a year of goodness

Raise the banner of Your people, Israel

Avinu Malkeinu, choneinu vaaneinu; ki ein banu maasim.

Aseih imanu tz'dakah vachesed, v'hoshi·einu: Answer us with grace, for our deeds are wanting. Save us through acts of justice and love. ֿאָבִינוּ מַלְכֵּנוּ שְׁמַע קוֹלֵנוּ.

ָאָבִינוּ מַלְכֵּנוּ חָטָאנוּ לְפָנֶיךָ.

ָאָבִינוּ מַלְכֵּנוּ חֲמֹל עָלֵינוּ וְעַל עוֹלָלֵנוּ וְטַפֵּנוּ.

אָבִינוּ מַלְכֵּנוּ כַּלֵה דֶּבֶר וְחֶרֶב וְרָעָב מֵעֲלֵינוּ.

אָבינוּ מַלְכֵּנוּ כַּלָה כָּל צַר וּמשָטִין מִעָלִינוּוּ.

ַאָבִינוּ מַלְכֵּנוּ כַּחָבֵנוּ בְּסֵפֶר חַיִּים טוֹבִים.

אָבִינוּ מַלְכֵּנוּ חַדֵּשׁ עְלֵינוּ שָׁנָה טּוֹבָּה

אָבִינוּ מַלְבָּנוּ הָרֵם קָרֶן יִשְׂרָאֵל עַמְּףּ

ָאָבִינוּ מַלְכָּנוּ חָנֵּנוּ וַּאֲנֵנוּ כִּי אֵין בָּנוּ מַעֲשִׁים. עֲשֵׂה עִמָּנוּ צְדָקָה וָחֶסֶד וְהוֹשִׁיצֵנוּ.



ALEINU l'shabei-ach laadon hakol,

lateit g'dulah l'yotzeir b'reishit, shelo asanu k'goyei haaratzot, v'lo samanu k'mishp'chot haadamah. Shelo sam chelkeinu kahem, v'goraleinu k'chol hamonam.

Vaanachnu kor'im umishtachavim umodim, lifnei Melech malchei ham'lachim HaKadosh Baruch Hu. לְּלֵלְנוֹ לְשַׁבֵּחַ לַאֲדוֹן הַכּּל,
לְתֵת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית,
שֶׁלֹא עָשְׁנוּ כְּגוֹיֵי הָאֲרָצוֹת,
וְלֹא שָׁמְנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה.
שְׁלֹא שָׁם חֶלְקֵנוּ כָּהֶם,
וְגֹרָלֵנוּ כְּכָל־הְמוֹנָם.
וֹמְשְׁתַחְנוּ כּוֹרְעִים
וֹמִשְׁתַחְנִים וּמוֹדִים,
לִפְנֵי מֶלֶךְ מַלְכֵי הַמְּלָכִים
הַקְּדוֹשׁ בָּרוּךְ הוּא.

It is up to us
to be caretakers of the earth
and messengers of Torah's wisdom.
We therefore bend our knees
and bow our heads,
to praise and sanctify
the Holy One of Blessing.

You are my God, and I will thank and praise You. Give thanks to God for God is good; God's kindness is everlasting.

אֵלִי אַתָּה וְאוֹדֶךָ. אֱלֹהֵי אֲרוּמְמֶּךָ. הודוּ לה׳ כִּי טוב. כִּי לְעוּלָם חַסְדּוּ.

Eli atah v'oh-decha; Elohai a-rom-mecha. Hodu ladonai ki tov; ki l'olam chas-do





יִבְרֶּרְּרָ יִיְ וְיִשְּׁמְרֶרָּ:

Y'vah-rech-checha Adonai v'Yish-me-recha May God bless us and keep us.

יָאֵר יִיָּ בַּבָּיוֹ אֵכֶיר וֹייִוֹבֶּר:

Yah-air Adonai pa-nahv eh-lecha vee-choo-neka May God smile upon us and be gracious unto us.

יִשָּא יִיָבַבּיו אֵכֶיף וְיָעֵים כְרָ שָׁכוּם:

Yee-sah Adonai pa-nahv eh-lecha v'yah-sem lecha shalom May God look upon us with kindness and grant us peace.